



Actinizyme™ Kiwifruit Enzyme – Nutrition Information

Nutrition information*		
Serving size: 200 mg per 30 g protein		
	Average Quantity per Serving	Average Quantity per 100 g
Energy, kJ	2.9	1450
Energy, calories	0.69	347
Protein, g	0.008	4.0
Fat, total, g	0.005	2.3
- Saturated, g	0.001	0.7
- Unsaturated, g	0.005	2.4
- Monounsaturated, g	0.001	0.5
- Polyunsaturated, g	0.00002	0.01
- Trans fat, g	< 0.1	< 0.1
Carbohydrate, g	0.14	70
- Sugars, total, g	0.1	49
- Glucose, g	0.04	22
- Fructose, g	0.05	26
- Lactose, g	< 0.05	< 0.05
- Maltose, g	< 0.05	< 0.05
- Sucrose, g	0.002	0.9
Dietary fibre, g	0.03	14
Sodium, mg	0.03	14

* Typical average values shown, subject to seasonal variation